PSHE

Personal, Social, Health and Economic (PSHE) education at Marshfields has a two pronged approach, **‘Preparation for Adulthood’** whilst **‘Living in the Moment’**.

The subject gives students the knowledge, skills, and attributes they need to keep themselves healthy and safe whilst they grow and develop, and it prepares them for life and work in the modern World.

PSHE is covers all aspects of a student’s personal and social development, their health and their economic understanding. This is done through a structured curriculum which, amongst other things, includes:

* Statutory Topics (as per Department of Education guidance)
* Spiritual, Moral, Social and Cultural
* British Values
* Democracy
* Rule of Law
* Respect and Tolerance
* Individual Liberty

In line with guidance from the PSHE Association the Marshfields Curriculum is based on the following six strands:

* Self-Awareness
* Self-Care, Support and Safety
* Managing Feelings
* Changing and Growing
* Healthy Lifestyles
* The World I Live In

Why is PSHE education important to STUDENTS?

PSHE education helps students to develop the knowledge, skills, and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job; PSHE education helps students to manage many of the most critical opportunities, challenges, and responsibilities they will face growing up.

Students agree that PSHE education is a vital part of their preparation for life, with 92% of those who have been taught the subject believing all young people should receive high-quality PSHE lessons.

In 2015, the UK Youth Parliament made ['A Curriculum which prepares us for Life'](http://www.byc.org.uk/news/young-people-set-national-agenda-for-a-better-future-in-record-breaking-referendum.aspx) a top priority, based on a consultation of almost a million young people. This was the third year in a row that PSHE education was voted a priority by young people.

Why is PSHE education important to schools?

While schools are not required to teach PSHE education, the subject makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is "broadly based, balanced and meets the needs of students". Schools must "promote the spiritual, moral, cultural, mental and physical development of students at the school and of society, and prepare students at the school for the opportunities, responsibilities and experiences of later life" while having a duty to keep students safe.

A growing body of [research](https://www.pshe-association.org.uk/what-we-do/evidence-and-research) shows that students who are emotionally healthy do better at school. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. PSHE education also helps students to develop skills and aptitudes - like teamwork, communication, and resilience - that are crucial to navigating the challenges and opportunities of the modern world, and are increasingly [valued by employers](https://www.pshe-association.org.uk/sites/default/files/psheall/Making%20the%20case%20for%20PSHE%20education%20LINKED.pdf).

Why is PSHE education important to parents?

An overwhelming majority of parents support the view that schools should prepare children for life and work, not just for exams.  90% of parents say that all schools should teach PSHE education according to [2015 YouGov polling](https://www.pshe-association.org.uk/sites/default/files/u6/PSHE%20lessons%20August%202015.pdf) commissioned by the PSHE Association. Notably PSHE is supported by leading parent bodies including Mumsnet, PTA UK and the National Governors Association.

Robust use of a PSHE curriculum within a school often allows a school to develop positive relationships with the parents which supports their children’s personal and social development and helps deal with issues of increasing complexity, such as those related to mental health and staying safe (both online and offline).