



Marshfields School Preparing for Adulthood Audit 2022-2023

What does Preparing for Adulthood mean?

Preparing for Adulthood means preparing for:

1. Higher education and/or employment

This includes exploring different employment options, such as support for becoming self-employed and help from supported employment agencies.

2. Independent living

Independent living gives young people a choice, control and freedom over their lives and the support they have, their accommodation and living arrangements (including supported living).

3. Participating in society

This includes having friends, supportive relationships, participating in and contributing to the local community.

4. Being healthy

Being as healthy as possible in adult life.

The importance of Preparing for Adulthood

Being supported towards greater independence and employability can be life-transforming for young people with SEND. This support needs to start early and should centre on the young person's own aspirations, interests and needs.

There may be incredibly good reasons to start planning for adulthood sooner than Year 9. All professionals working with young people should share high aspirations and have a good understanding of what support is effective in enabling them to achieve their ambitions.

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Support to prepare for higher education and/or employment			
Aims	Objectives	Evidence	Impact
<ul style="list-style-type: none"> Identifying appropriate post-16 pathways that will lead to these outcomes. Training options such as supportive internships, apprenticeships and traineeships, or support for setting up their own business. Support in finding a job and learning how to do a job (for example, through work experience or the use of job coaches) Help in understanding any welfare benefits that might be available when in work. 	<ul style="list-style-type: none"> Identification of appropriate P16 pathways for our students Appropriate Careers guidance to support with employment opportunities for all learners. Support to navigate the welfare system for all learners 	<p>Yr5 HT4 Careers: Career types; challenging career stereotypes; Enterprise project</p> <p>Yr7 HT4 Careers: Developing enterprise skills; The world of work and young people's employment rights; Enterprise project</p> <p>Yr8 HT1 Careers: Life and career aspirations; Personal strengths and skills for employment; Stereotypes; Routes into careers; Progression routes; Online presence</p> <p>PE: *Careers in Sport Refereeing opportunities *Coaching opportunities including lunch clubs</p>	

		<p>*Dance mentor/coach opportunities</p> <p>Why sport is important in terms of healthy living, not just for competition?</p> <p>*If your healthy in mind and body how can that help you in other phases of your life</p> <p>*What is 'Lifestyle?' What choices can be made to make life more enjoyable and easier in the short and long term?</p> <p>*The science behind active lifestyles and an improved mental health is communicated to students and discussed.</p> <p>Maths:</p> <p>*The importance of achieving EL3 before college, will go on to do Level 1 (likely scenario)</p> <p>*What are benefits welfare and financial? Why might I need to access them?</p> <p>*New Entry Level courses are explored NCFE for Post 16 next year</p> <ul style="list-style-type: none"> - PfA document in pupils' books raise awareness of cultural capital and skills they develop that prepare them for adulthood. - Courses on offer in P16 & at college relate to food hygiene & preparation. 	
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		<p>- College Taster sessions & WEX.</p> <p>Support in finding a job-Functional Skills Entry level 1-3 and Level 1 and 2. Students read and write texts that link to life in the work place and adult tasks in the community (e.g. Form filling, job applications, personal statements)</p> <p>Speaking and listening components prepare pupils to clearly communicate personal information, ask and answer questions- supports with interviews.</p> <p>Courses on offer to complement their studies in Yr. 10 / 11</p> <p>College / Post 16 options</p> <p>Taster sessions</p> <p>WEX</p> <p>Visiting speakers</p> <p>Exploring career options / pathway planning – include in discussions at Annual Review</p> <p>Assisting Head of Post 16 and Pastoral Team to plan groupings</p>	
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		<p>for Alternative Provision (West Raven and other opportunities)</p> <p>Options Evening</p> <p>Joint Offer Event.</p> <p>Signpost to Local Offer through Annual Review process – direct link to Local Offer is made available to parents on Section L paperwork</p> <p>Assisting with transition planning / discussions at Annual Review / Action Planning and Target Setting for individual students – tailored to their needs and aspirations</p> <p>Designated teacher CiC - working with Virtual School to support CiC / organising and chairing PEPs and Annual Reviews / navigating the ePEP system to ensure there is good communication with all stakeholders / contributing to CCRs / supporting students and families</p> <p>Setting / reviewing Annual Review targets to support student progress.</p>	
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		<p>Setting / reviewing PEP targets to support student progress</p> <ul style="list-style-type: none">• 6 Year 10 students and Year 9 students are given the opportunity to complete a mechanics course of site• Y11 students are competing college course and W/E alongside their in school exams <p>Computing: Courses and qualifications lead onto many IT options for FE. Careers in IT are covered in KS4 & 5. All year groups cover how to get help online, consent.</p> <p>SAC: Courses on offer to complement their studies in Yr. 10 / 11. College / Post 16 options. Taster sessions. WEX. Visiting speakers Exploring career options / pathway planning</p> <p>Science: Y10 T3 BTEC unit A1-Being Organised Y10 BTEC unit A2 – Developing a Personal Progression Plan</p>	
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		<p>Land based: Y12 T1-3 BTEC unit A2 – Developing a Personal Progression Plan</p> <p>College taster days from Yr9 onwards. Transition opportunities. Joint Offer Evening</p> <p>1:1 sessions Yr. 10 onwards Careers week/ workplace visits Work Experience</p> <p>Work Experience supported and Independent Yrs. 11 – 13</p> <p>'Have a go' days (MEARS) Yr. 9</p> <p>Workdays – WESTRAVEN Yr10</p>	
Support to prepare for independent living			
Aims	Objectives	Evidence	Impact
<ul style="list-style-type: none"> • Exploring what decisions young people want to take for themselves and planning their role in decision-making, as they become older. • Where the young person wants to live in the future, who they want to live with and what support they will need. • Local housing options, support in finding accommodation, housing 	<ul style="list-style-type: none"> • Decision making is effective for all. • Housing options and living arrangements support for all students 	<p>Assemblies – Focus throughout the year link to PSHE, British values and SMSC. I.e., Tolerance week focused of making the right choices in the way people are treated.</p> <p>Yr3 HT4 Economic wellbeing: Attitudes and ideas about spending, saving and giving money; Wants and needs; Keeping money safe</p> <p>Yr4 HT3</p>	

<p>benefits and social care support should be explained.</p>		<p>Economic wellbeing: Budgeting; Saving; Spending decisions; How managing money makes us feel; How spending choices affect others Yr6 HT3 Health and hygiene: Making informed choices regarding a healthy lifestyle, including nutrition; Hygiene and bacteria and viruses; Allergies and getting help in an emergency; Vaccination and immunisation Yr7 HT1 Economic wellbeing: Evaluating value for money; Debt, fraud and personal values around finance; Financial exploitation Yr7 HT2 Healthy lifestyles: Physically and mentally healthy lifestyles; Healthy sleep habits; Dental health; Managing stress; Accessing health services. Yr8 HT4 First aid and keeping safe: First aid including CPR and defibrillator use; Personal safety including travel safety.</p> <p>PE: *Organising PE uniform for a PE day</p>	
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		<p>*Looking after equipment *Helping put away – leaving it for others to use *Exploring opportunities for further active lifestyle – where can I go to keep fit? *Keeping fit and active on a budget.</p> <p>Maths: *Calendar & Time – seasons, months, days in the year. *Planning a Holiday – how to book accommodation, train, bus timetables *Measure – temperature, capacity, area, perimeter, distance. *Geometry – compass, position, and direction. *Changing rooms/ bedroom project – scaled designs, fitted carpets etc.</p> <p>- Autonomy in the direction of their work; pupils make their own decision when designing & creating final pieces. - P16 pupils made aware of supported living, how to live independently.</p> <p>- Functional Skills Entry level 1-3 and Level 1 and 2. Students read and write texts that link to life in</p>	
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		<p>the work place and adult tasks in the community (e.g. Form filling, job applications, personal statements, housing forms)</p> <p>Promotion of supported living in the future</p> <p>Independence in the home</p> <p>Discussions during Annual Reviews on how independence skills can be promoted. Individual targets set in discussion and agreement with YP and parents.</p> <p>Setting and reviewing of targets as part of the assess, plan, do review process for individual students</p> <p>Designated Teacher CiC Referrals to Children's Social Care / Adult Social Care where appropriate</p> <p>Computing: Y10 students are included in the decisions for two optional units they want to cover (from a limited choice) and make a democratic decision about this collectively. Y8 study My Community which is about the city we live in, finding support such as foodbanks etc.</p>	
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		<p>SAC: Supported living. Independence in the home / taking care of animals at home. Feeding / caring for own animals</p> <p>Science: Y10 T3 BTEC unit A1- Being Organised Y10 BTEC unit A2 – Developing a Personal Progression Plan</p> <p>Land based: Y12 T1-3 BTEC unit A2 – Developing a Personal Progression Plan</p> <p>ASDAN – Independent Living/ Number Handling/Health & Wellbeing</p>	
Support in maintaining good health in adult life			
Aims	Objectives	Evidence	Impact
<ul style="list-style-type: none"> • Effective planning with health services to transition from specialist pediatric services to adult health care. • Helping children and young people understand which health professionals will collaborate with them as adults. 	<ul style="list-style-type: none"> • Support for all students to understand health services and options. • Introduction for all students to health professionals who may support them in the future 	<p>Assemblies – Focus throughout the year link to PSHE, British values and SMSC – I.e., Looking after mental and physical health. Bee Safe assembly.</p> <p>Yr3 HT5 Physical health: Healthy lifestyles; Physical exercise and its impact on mental wellbeing; Balanced diets and making choices; Sun safety</p> <p>Yr4 HT6</p>	

		<p>Staying healthy: Dental health; Hygiene, germs; Basic first aid; Early signs of illness and seeking help</p> <p>Yr5 HT6</p> <p>Keeping active: Benefits of a balanced lifestyle; Balancing internet use; How physical activity affects wellbeing.</p> <p>Yr6 HT3</p> <p>Health and hygiene: Making informed choices regarding a healthy lifestyle, including nutrition; Hygiene and bacteria and viruses; Allergies and getting help in an emergency; Vaccination and immunisation</p> <p>Yr7 HT2</p> <p>Healthy lifestyles: Physically and mentally healthy lifestyles; Healthy sleep habits; Dental health; Managing stress; Accessing health services</p> <p>Yr8 HT4</p> <p>First aid and keeping safe: First aid including CPR and defibrillator use; Personal safety including travel safety</p> <p>PE: Healthy Active Lifestyles</p> <p>Maths</p>	
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		<p>Healthy Living SofL KS3 Total Transport SofL KS3</p> <p>Art & DT - Pupils analyse art & design work considering the mood of the work, how it makes the viewer feel & how the artist intended the work to be viewed.</p> <p>Food – Pupils study healthy lifestyle choices: in their Annual Review, pupils are informed / reminded about free annual health checks & immunisations. School representative publicises this in the Café 27.1.23.</p> <p>- Functional Skills Entry level 1-3 and Level 1 and 2. Students read and write texts that link to life in functional tasks in the community to support their health (e.g., Form filling for doctors or dentists, job applications, personal statements, housing forms)</p> <p>Organising Immunisations and health checks (promote free yearly health checks through GP at Annual Review).</p> <p>Link to Annual Health Check information page provided on Section L and discussed at Annual Review.</p>	
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		<p>Audit and review of PSHE curriculum to include planning for Healthy Lifestyle / PfA outcomes.</p> <p>Referrals to School Nurse / OT / Physio / and other outside agencies as appropriate</p> <p>SAC: Exercising your pets can benefit you too Ensuring animals are healthy / do not pass on infection and disease to their owners Immunisations and health checks for animals</p> <p>Science: Y8 T4 Body systems Y7 T5 Healthy lifestyles Y9 T1& T2 Human Body Y10 BTEC Exploring Biology (inherited diseases)</p> <p>Land based: BTEC T4-6, LSB8-Growing Plants</p> <p>ASDAN – Health & Wellbeing</p> <p>EHCP meetings-promote annual health checks.</p>	
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Support in participating in society

Aims	Objectives	Evidence	Impact
<ul style="list-style-type: none"> Understanding mobility and transport support 	<ul style="list-style-type: none"> Independent travel training for all students 	Assemblies – Focus throughout the year link to PSHE, British	

<ul style="list-style-type: none"> • How to find out about social/community activities and opportunities for engagement in local decision-making. • Support in developing and maintaining friendships and relationships. 	<ul style="list-style-type: none"> • Navigating society for all students • Relationships education appropriate to all students 	<p>values and SMSC – I.e., Friendship week, Antibullying week</p> <p>Yr6 HT6 Friendships and staying safe: Opportunities to connect online; The nature of online only friendships; Reporting harmful content and contact; Staying safe online</p> <p>Yr7 HT3 Substances: Facts, misconceptions and social norms regarding drugs, alcohol and tobacco; Influence and risks relating to substance use</p> <p>Yr8 HT4 First aid and keeping safe: First aid including CPR and defibrillator use; Personal safety including travel safety.</p> <p>Yr8 HT5 Mental health and wellbeing: Attitudes to mental health and emotional wellbeing; Digital resilience; Body image; Healthy and unhealthy coping strategies; Seeking support for themselves and others</p> <p>PE House activities including football tournament.</p>	
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		<p>Ball Skills (coaching opportunities) DofE – PE Skills – Thurs club after school</p> <p>Maths: Draughts tournament Maths Day – orienteering in teams. TT Rockstars – tournaments Café – accounts, running the shop. Café' Capers SofL KS3</p> <ul style="list-style-type: none"> - Pupils are encouraged to ask for & explain to an adult what items they need; communication / social skills. - These skills are developed in pupils PSHE lessons. <p>How to find out about social/community activities and opportunities for engagement in local decision-making- functional Skills Entry level 1-3 and Level 1 and 2. Students read and write texts that link to community (e.g. Form filling, adverts for places to visit in the community)</p> <p>Year 11 / Post 16 curriculum</p> <p>Choices / Pathway Planning</p> <p>Local Offer</p>	
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		<p>Visiting speakers</p> <p>Career options</p> <p>Assisting Head of Post 16 to plan groupings for Alternative Provision (West Raven and other opportunities)</p> <p>Signpost to Local Offer through Annual Review process – direct link to Local Offer is made available to parents on Section L paperwork</p> <p>Bus training is available for students in Y10 in preparation for college.</p> <p>Computing: E-safety runs throughout computing, online relationships. E-safety week. Y8 study My Community which is about the city we live in, finding local clubs, events etc.</p> <p>SAC: Year 11 / Post 16 curriculum Choices / Pathway Planning, Local Offer, Visiting speakers, Career options.</p> <p>Science: Y9 T1& T2 Human Body (contraception)</p> <p>Bus training program Yr11-13</p>	
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		EHCP-Encourage students and parents to explore 'The Local Offer' a source of information about Leisure/Volunteering and Independent living beyond school	
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