

PERSONAL, SOCIAL, HEALTH EDUCATION (PSHE)

PSHE gives students the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. Personal, Social, Health and Economic (PSHE) is a school subject through which students develop the knowledge, skills and attributes they need to manage their lives, now and in the future.

These skills and attributes help students to stay healthy, safe and prepare them for life and work in modern Britain. When taught well, PSHE helps students to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

Why is PSHE important?

PSHE helps students to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSHE education helps students to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

Students agree that PSHE is a vital part of their preparation for life, with 92% of those who have been taught the subject believing all young people should receive high-quality PSHE lessons. In 2015, the UK Youth Parliament made 'A Curriculum which prepares us for Life' a top priority, based on a consultation of almost a million young people. This was the third year in a row that PSHE has been voted a priority by young people. PSHE is supported by leading youth bodies such as Girlguiding and the British Youth Council.

PSHE at Marshfields

Given our students' complex needs, PSHE is an essential part of our curriculum. In Y7 – Y11 it is delivered by form tutors twice weekly, during tutorial sessions. The intent of this staffing is to ensure that students are supported to discuss and learn about potentially awkward issues with a member of staff and student group they know well.

To identify the topics to be delivered within the PSHE periods, a whole-school audit of the curriculum was conducted. This audit indicated that aspects of the statutory curriculum were covered within lessons, and gaps in the provision are then met through the PSHE programme. The audit takes place annually to ensure that the plan for each academic year is reflective of changing cohorts, curricula and the assembly programme.

The overview for PSHE for 2019-20 is as follows:

	Year 7 and 8	Year 9	Year 10	Year 11
Term 1	Healthy eating	Careers	Careers	Completion of Personal Development BTEC
Term 2	Sex and relationships		The Equalities Act 2010	

Term 3	Drugs and alcohol	Alcohol and smoking	Sex and relationships	
Term 4	Personal health and hygiene		Economics and careers	Study skills and CVs
Term 5	Managing risks to health		Mental health focus on social media	Keeping safe online
Term 6	Reducing risk and responding to emergencies		Managing risks – focus on gang culture in Peterborough	

Where there is repetition across more than one year the style and content of the topic will be adjusted to ensure that it is age and stage appropriate.

Students in Post-16 have access to a full period of PSHE per week delivered by the Post-16 teaching team.

Assemblies

A 30-minute whole-school assembly takes place each Monday morning. The assembly topics are reviewed each academic year considering the PSHE audit. The topics are designed to ensure any remaining gaps in our provision are fulfilled as appropriate through the assembly rota. Each weekly assembly is also linked to British Values. An example of the rota from term 1 follows:

Week Beginning + Value for the Week	Thought for the Week	British Value	Topic and Staff
9/09/2019 Resilience	<i>The only place where success comes before work is in the dictionary. ~ Vidal Sassoon / Donald Kendall</i>	B	Resilience - JMD
16/09/2019 Respect	<i>Bullies are always cowards at heart. Anna Julia Cooper</i>	C	Respect - IGW
23/09/2019 Collaboration	<i>No one can whistle a symphony. It takes a whole orchestra to play it. ~ H.E. Luccock</i>	A	Collaboration - DDr
30/09/2019 Integrity	<i>When you are content to be simply yourself and don't compare or compete, everybody will respect you. Lao Tzu</i>	E	Integrity - IGW
7/10/2019 Aspiration	<i>Shoot for the moon. Even if you miss, you'll land among the stars. ~ Les Brown</i>	B	Aspiration - AAn
14/10/2019 Independence	<i>'The happiness of your life depends on the quality of your thoughts.' Marcus Aurelius</i>	E	Independence - JMa

Trips and visits

Trips and visits are an important part of the Marshfields offer, particularly given the high number of Pupil Premium students on roll. Each trip and visit is considered in the context of the PSHE curriculum. For example:

- Y7 and Post-16 Duxford Imperial War Museum: understanding that all forms of prejudice and discrimination must be challenged at every level in our lives.
- Year 7 Ferry Meadows team building trip: assess and manage the element of risk in personal choices and situations.
- Y9 theatre workshop trip: use social skills to build and maintain a range of positive relationships, reflect upon what makes these successful and apply this to new situations.
- Y9 first aid training: ways of recognising and reducing risk, minimising harm and getting help in emergency and risky situations; a basic knowledge of first aid.
- Y11 and Post-16 work experience: understanding the qualities, attitudes and skills needed for employability.

PSHE through the Marshfields Ethos

In addition to the offers detailed above, the Marshfields ethos ensures that personal development is intrinsic across our offer. This ethos includes:

- A student stages behaviour monitoring system which leads to early identification of needs which are often linked to an individual's PSHE needs. These needs can then be met on a bespoke basis.
- A student services team comprising:
 - 1.4 Family Partnership Workers who support families with meeting their disabled child's needs, accessing benefits, mental health services, diagnostic routes and counselling;
 - 1.6 SEMH specialists who offer 1:1 and small group interventions to support the development of individual's social emotional and mental health needs throughout each school day, including close liaison with home.
 - 1 HI and VI specialist who support students and families in accessing key resources such as SALT, hearing aids, support groups and signing.
 - 1 health and first aid specialist who ensures that physical needs are met throughout the provision.
- An active Duke of Edinburgh programme – Bronze, Silver and Gold – which incorporates physical health, volunteering and learning new skills.
- Careers events including 'What's My Job?' and attending college open days. These open days are carefully tailored to our students' additional needs as a result of sustained relationships with our colleagues in local higher education settings.